



**Our dedicated team giving hope to an  
Elderly in Kikyuusa Luwero district**

# TRAUMA HEALING

**MUTUNDA BETTY**

**WOMEN REPRESENTATIVE R.P.C.A**

**CO-FOUNDER MUKAGWA CHILDREN AND  
WOMEN MINISTRIES AFFILIATED TO  
REFORMED PRESBYTERIAN CHURCH AFRICA  
IN UGANDA.**

# ACTIVITIES DONE

After acquiring knowledge and skills from the training we had  
On trauma healing and counselling sponsored by **AACC-CETA**,

- ➡ I started a mobile clinic which I am using as a tool to reach out to the victims.  
I have discovered that many victims  
Fear to come out to tell their stories. So by using this method, I created a safe place for  
victims to talk to me freely and I  
Have identified many people, youth ,men and women.
- ➡ I identified a 14 year old girl (names withheld) in Kamuli district who was married by her parents at  
an early age and she was psychologically tortured and depressed.  
I counselled her and allocated her to an organization for further assistance
- ➡ Another victim was a 6 year old girl in Luwero district who was raped and severely damaged whom I  
Counselled both the family members and the survivor .I also managed to take her to a better  
hospital and she is being treated as I speak.



# CHALLENGES FACED

- ▶ Lack of favorable means of transport to travel to remote areas to meet the affected individuals in time, we board bicycles and motorcycles to reach out to the victims which is time consuming.
- ▶ Lack of access to resources to educate survivors and communities.
- ▶ Lack of safe places to accommodate the victims due to fear of the Perpetrators.



# WAY FORWARD

- To acquire our own means of transport to reach the survivors in time.
- To construct safe homes for the victims for better Management.

**NOTE :**I would appreciate collaboration with any organization.

Working together will help us archive our goals.



# CONCLUSION

Trauma healing is a journey, not a destination,  
I am willing to share  
ideas resources and strength to make a  
meaningful and lasting impact.  
Through supporting the survivors to reclaim  
their sense of safety , hope and healing.

